

Statement Concerning Suggested Daily Caloric Intake:

The Dietary Guidelines for Americans recommend limiting saturated fat to 20 grams and sodium to 2,300 mg for a typical adult eating 2,000 daily. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Important Statement:

Nutrition information is based on analysis by R-TECH and Commercial Testing Laboratory, Inc., and representative values from manufacturers, Genesis R&D[®] SQL and the USDA. Allergen information is provided by the ingredient or product manufacturer. The information in this assumes compliance by locations with ingredient requirements and standardized preparation procedures. Seasonal and manufacturer variations may also affect information.

This brochure is for permanent menu items in DQ[®] approved system food restaurants (DQ Grill & Chill[®] or Brazier[®] locations). It does not apply to: (1) test items; (2) non-system food locations that sell food products not approved by DQ (you can identify approved system food locations by the DQ Grill & Chill, Brazier, or Limited Brazier signs or by asking the restaurant operator); (3) food restaurants in Texas, which have their own authorized food system and nutrition information; (4) soft-serve products in some New Jersey stores that use a soft-serve differing significantly in nutritional content from the standard DQ soft-serve, including increased butterfat content; (5) some location-specific menu items.

If you have questions about a menu item, please contact the store operator or manager.

Allergen Statement:

DQ locations contain allergens that may come into contact with your food. Since allergens are present in every DQ location and cross-contact can easily occur, we cannot guarantee any item to be allergen free or the accuracy of the data as it relates to prepared menu items at a location. We suggest you inform the restaurant of any allergies prior to ordering and ask to see the ingredient listing on the packaging for the product you would like to purchase.

Fish/Shellfish: DQ locations use the same equipment (including fryers) to prepare fish/shellfish as is used for non-fish/shellfish items like French fries. While the frying process typically denatures the allergenic protein, it is possible for the fish/shellfish allergenic protein to remain in the frying oil or on equipment surfaces and contact other DQ products.

Soybean Oil: Our frying oil is a vegetable oil blend with soybean oil. While soybean oil is not recognized as an allergen, consult your doctor as to whether you should avoid soybean oil.

Gluten Sensitive: Gluten is in many DQ products and cross contact may easily occur during product preparation. For those with gluten sensitivity, we recommend trying one of our manufactured novelties: Dilly[®] Bars, Buster Bar[®] Treats, or Starkiss[®] Bars, which can be found in clear, sealed plastic wrappers. These products are made without wheat, rye, oats, or barley in a facility that has limited cross contact risk. This does not include Dilly Bars or Buster Bar Treats in paper bags, which are made on the store premises and are subject to potential cross contact.

Sesame: While DQ[®] breads and buns do not contain sesame seeds, sesame seeds are used in many of the bakeries that produce DQ[®] buns and bread and cross contact can occur. In addition, some DQ[®] buns and breads contain sesame oil and/or flour. Out of an abundance of caution, DQ is declaring sesame for all buns and breads but actual ingredients may vary by restaurant. Please confirm ingredients at your location.

For more detailed information on food ingredients, we suggest you visit the U.S. Food and Drug Administration Center for Food Safety and Applied Nutrition website at www.cfsan.fda.gov. For more detailed information about food allergies, we suggest you visit the Food Allergy and Anaphylaxis Network website at www.foodallergy.org.

* Locally sourced ingredients are used in this menu item. Please verify allergens at your local restaurant.

Products and menus may vary by location.

Not all products listed in this brochure are available in all locations.

If you have questions or need additional information, write to:

Consumer Relations
8000 Tower, Suite 700
8331 Norman Center Drive
Bloomington, MN 55437



To learn more visit: www.choosemyplate.gov

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DQ25Q2070M

Nutrition & Allergens

US Foods & Treats



Nutrition and allergy information is current as of
April 2025. For the most current nutrition
information, visit www.dq.com

DQ® treats and food s ingredients and end w

Since 1940, our fans have come to expect the best It's still that way today from our classic treats to the

Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)	Allergens
0	70	74	1	68	1	E/M/T
0	100	101	2	92	2	E/M/T
0	140	147	2	136	3	E/M/T

Signature Soft Serve:

Simply creamy, wholesome, and delicious. More than 75 years after the first "cone with the curl on top" made its debut at Sherb Noble's ice cream shop, DQ soft serve remains the same treat you remember from your childhood. Our high standard is to serve it at 18 degrees for the perfect flavor and texture. You can taste the difference in every cone, *Blizzard*® Treat, shake and sundae. What else would you expect from the people who invented America's favorite soft serve?

Snack Menu

Looking for a snack? Try our warm, Soft Pretzel Sticks with Zesty Queso, perfectly portioned for snacking.



Nutrition Facts

Julius® Originals

	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)
Tripleberry® Julius - Small	340	4.5	4.5	0
Tripleberry® Julius - Medium	470	7	7	0
Tripleberry® Julius - Large	680	9	9	0

Start with high-quality with a smile.

from their neighborhood Dairy Queen® store. a new favorites you've yet to discover.

Proteins:

Our food is just as delicious as our treats and features one-of-a-kind premium options, such as our Chicken Strip Baskets made with 100% white meat chicken and served with fries, Texas toast and your choice of dipping sauce. In the mood for a great burger? Try one of our new Signature Stackburgers™ offered as 1/3lb* Doubles and 1/2 lb* Triples, like the Bacon Two Cheese Deluxe Signature Stackburger made with 100% seasoned real beef patties, topped with perfectly melted Sharp American** and White Cheddar**, Applewood smoked bacon, tomato, onion, lettuce, pickles, ketchup and mayo on a soft and toasted bun.



Allergens: E=Egg F=Fish M=Milk P=Peanut SS=Sesame
SF=Shellfish S=Soy T=Tree Nuts W=Wheat (j)=May Contain

* Precooked weight **Pasteurized process.

Nutrition Facts

Limited Time Offers

	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)	Allergens
Buffalo Sauced & Tossed Chicken Strip Basket - 4pc	990	43	8	0	0	90	59	1	56	4	M
Buffalo Sauced & Tossed Chicken Strip Basket - 6pc	1300	58	10	0	0	135	77	1	74	6	M
Confetti Cake Blizzard - Mini	380	16	8	0	0	180	96	1	92	8	M
Confetti Cake Blizzard - Small	670	29	14	1	0	230	136	1	130	10	M
Confetti Cake Blizzard - Medium	920	41	19	1	0	100	62	2	56	4	M
Confetti Cake Blizzard - Large	1220	54	25	1.5	0	140	83	3	75	6	M
Cotton Candy Blizzard - Mini	390	16	10	0	0	190	103	3	93	8	M
Cotton Candy Blizzard - Small	610	22	14	1	0	240	144	5	131	11	M
Cotton Candy Blizzard - Medium	870	33	21	1	0	95	63	2	58	4	M
Cotton Candy Blizzard - Large	1150	45	29	1.5	0	100	88	3	80	5	M
Crunchin' Cookie Dipped Cone - Kids	200	9	7	0	0	150	109	3	98	7	M
Crunchin' Cookie Dipped Cone - Small	320	15	12	0	0	200	152	4	138	9	M
Crunchin' Cookie Dipped Cone - Medium	460	21	17	0	0	200	152	4	138	9	M
Crunchin' Cookie Dipped Cone - Large	640	29	23	0.5	0	115	61	1	59	4	M
Dipped Cone, Cherry - Kids'	210	9	7	0	0	170	86	1	83	6	M
Dipped Cone, Cherry - Small	320	15	12	0	0	200	93	2	88	7	M
Dipped Cone, Cherry - Medium	460	22	18	0	0	200	93	2	88	7	M
Dipped Cone, Cherry - Large	550	22	16	0.5	0	290	147	2	143	9	M
Dipped Strawberry Cheesecake Blizzard - Mini	350	14	9	0.5	0	90	66	1	65	4	M
Dipped Strawberry Cheesecake Blizzard - Small	610	25	16	1	0	135	87	2	84	6	M
Dipped Strawberry Cheesecake Blizzard - Medium	820	33	22	1	0	180	107	2	104	8	M
Dipped Strawberry Cheesecake Blizzard - Large	1110	44	30	1.5							M
Mixing Bowl Mashup Blizzard - Mini	490	21	9	0.5	0	35	85	1	82	1	E/M
Mixing Bowl Mashup Blizzard - Small	870	38	15	1	0	45	121	1	116	1	E/M
Mixing Bowl Mashup Blizzard - Medium	1230	55	21	1.5	0	45	121	1	116	1	E/M
Mixing Bowl Mashup Blizzard - Large	1620	73	28	2	0	70	177	2	170	2	E/M
Orange Cream Shake - Small	610	27	14	1	0	35	75	1	70	1	E/M
Orange Cream Shake - Medium	830	36	18	1.5	0	45	105	2	99	1	E/M
Orange Cream Shake - Large	1090	46	22	1.5	0	70	155	3	147	1	E/M
S'mores Blizzard - Mini	420	18	9	0	0	35	50	0	48	1	E/M
S'mores Blizzard - Small	780	33	16	1	0	45	65	0	62	1	E/M
S'mores Blizzard - Medium	1050	47	21	1	0	70	99	0	95	2	E/M
S'mores Blizzard - Large	1420	61	28	1.5	0	75	71	2	64	1	E/M/T
Superman Cake Batter Cookie Dough Blizzard - Mini	360	12	8	0	0	105	99	3	86	2	E/M/T
Superman Cake Batter Cookie Dough Blizzard - Small	610	21	13	0.5	0	150	146	4	129	3	E/M/T
Superman Cake Batter Cookie Dough Blizzard - Medium	850	30	18	1	0	35	85	2	79	1	E/M
Superman Cake Batter Cookie Dough Blizzard - Large	1090	38	23	1	0	50	119	3	109	1	E/M
					0	75	171	4	159	2	E/M

Allergens: E=Egg F=Fish M=Milk P=Peanut SS=Sesame SF=Shellfish S=Soy T=Tree Nuts W=Wheat ()=May Contain

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Nutrition Facts

Premium Fruit Smoothies

	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)	Allergens
Mango Pineapple Smoothie - Small	250	0	0	0	60	4010	115	7	5	35	SS\SW
Mango Pineapple Smoothie - Medium	330	0	0	0	85	5600	144	8	6	48	SS\SW
Mango Pineapple Smoothie - Large	420	0	0	0	35	150	52	0	42	8	E\MS\W
Mango Pineapple Smoothie - XLarge	590	0	0	0	65	260	91	0	73	13	E\MS\W
Strawberry Banana Smoothie - Small	260	0	0	0	85	350	123	0	99	17	E\MS\W
Strawberry Banana Smoothie - Medium	350	0	0	0	115	470	162	0	131	22	E\MS\W
Strawberry Banana Smoothie - Large	440	0	0	0	30	125	55	0	50	7	MS
Strawberry Banana Smoothie - XLarge	620	0.5	0	0	50	220	91	0	81	13	MS
Strawberry Mango Rush Premium Fruit Smoothie - Small	270	0	0	0	65	290	127	0	114	16	MS
Strawberry Mango Rush Premium Fruit Smoothie - Medium	370	0	0	0	85	370	166	0	150	21	MS
Strawberry Mango Rush Premium Fruit Smoothie - Large	460	0	0	0	15	70	28	0	21	4	MS\W
Strawberry Mango Rush Premium Fruit Smoothie - Extra Large	640	0.5	0	0	25	105	40	0	31	6	MS\W
Strawberry Watermelon Flavored Sensation Smoothie - Small	260	0	0	0	30	150	59	0	45	9	MS\W
Strawberry Watermelon Flavored Sensation Smoothie - Medium	370	0	0	0	45	210	83	0	63	12	MS\W
Strawberry Watermelon Flavored Sensation Smoothie - Large	410	0	0	0	15	65	28	0	20	4	MS\W
Strawberry Watermelon Flavored Sensation Smoothie - XLarge	630	0	0	0	25	95	40	0	31	6	MS\W
Tripleberry® Smoothie - Small	280	0	0	0	30	140	58	0	44	8	MS\W
Tripleberry® Smoothie - Medium	370	0	0	0	45	190	76	0	57	12	MS\W
Tripleberry® Smoothie - Large	460	0	0	0	40	150	50	1	42	8	E\MS\W(P)\(T)
Tripleberry® Smoothie - XLarge	660	0	0	0	75	260	87	1	72	14	E\MS\W(P)\(T)
Julius® Originals					100	350	118	2	98	18	E\MS\W(P)\(T)
Blueberry Mango Twist Julius Original - Small	340	0	0	0	130	470	159	3	132	23	E\MS\W(P)\(T)
Blueberry Mango Twist Julius Original - Medium	490	0	0	0	30	290	68	1	49	9	MS\W
Blueberry Mango Twist Julius Original - Large	720	0	0	0	45	530	120	3	85	14	MS\W
Coconana Berry Julius - Small	300	0	0	0	60	760	170	4	120	19	MS\W
Coconana Berry Julius - Medium	430	0	0	0	80	1010	224	6	157	25	MS\W
Coconana Berry Julius - Large	630	0	0	0	40	180	81	0	73	11	MS
Orange Julius - Small	200	0	0	0	55	240	112	0	100	15	MS
Orange Julius - Medium	260	0	0	0	75	310	148	0	133	20	MS
Orange Julius - Large	400	0	0	0	30	210	60	1	47	8	MS\W(P)
Strawberry Banana Julius - Small	330	4.5	4.5	0	50	400	110	1	85	14	MS\W(P)
Strawberry Banana Julius - Medium	460	7	7	0	60	550	144	2	110	18	MS\W(P)
Strawberry Banana Julius - Large	670	9	9	0	80	740	197	3	151	23	MS\W(P)
Strawberry Mango Rush Julius Original - Small	340	0	0	0	45	330	94	0	70	12	MS\W
Strawberry Mango Rush Julius Original - Medium	480	0	0	0	65	460	132	0	97	16	MS\W
Strawberry Mango Rush Julius Original - Large	690	0.5	0	0	80	600	169	1	124	20	MS\W

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Nutrition Facts

Signature Stackburgers

	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)	Allergens
Backyard Bacon Ranch Burger - Double	850	51	21	2.5	25	130	50	0	40	6	M
Backyard Bacon Ranch Burger - Triple	1060	67	29	3.5	35	190	73	0	58	9	M
Bacon Cheese Deluxe Burger - Double	750	47	20	2.5	55	260	102	0	81	12	M
Bacon Cheese Deluxe Burger - Triple	960	63	28	3.5	25	110	48	1	41	6	M
Cheese Deluxe Burger - Double	650	40	18	2.5	30	160	70	1	60	8	M
Cheese Deluxe Burger - Triple	860	56	26	3.5	45	220	97	1	84	12	M
FlameThrower Burger - Double	750	49	20	2.5	25	125	46	0	36	6	MS
FlameThrower Burger - Triple	960	65	29	3.5	35	190	66	1	52	9	MS
Hamburger	340	13	6	1	50	260	93	1	73	13	MS
Hamburger - Double	500	25	11	2	25	95	39	0	34	6	M
Hamburger - Triple	660	37	17	3	30	135	56	1	49	8	M
Original Cheeseburger - Single	390	18	8	1	45	190	80	1	69	12	M
Original Cheeseburger - Double	600	34	17	2.5							
Original Cheeseburger -Triple	810	50	25	3.5	15	60	25	0	17	4	MW

Chicken & Salads

Chicken Strip Basket - 4 pc	1020	48	8	0	30	130	52	0	35	8	MW
Chicken Strip Basket - 6 pc	1300	61	11	0	45	190	73	0	50	12	MW
Chicken Strips - 3 pc	430	20	3.5	0	15	65	27	0	20	4	MSW
Crispy Chicken Strips Salad Bowl	430	22	7	0	25	95	40	1	30	6	MSW
Original Chicken Strip Sandwich	550	26	4.5	0	30	140	58	1	43	9	MSW
Sauced & Tossed Honey BBQ Chicken Strip Basket - 4 Piece	1140	48	8	0	45	200	81	1	60	13	MSW
Sauced & Tossed Honey BBQ Chicken Strip Basket - 6 Piece	1480	61	11	0	15	65	25	0	18	4	MW
Side Salad	20	0	0	0	25	90	34	0	26	6	MW
Spicy Chicken Strip Sandwich	530	23	4	0	45	180	71	0	52	12	MW

Hot Dogs

Cheese Dog	390	24	10	1	0	100	54	1	54	4	M
Chili Cheese Dog	420	26	11	1	0	105	74	2	73	4	M
Chili Cheese Dogs (2)	850	53	22	2.5	0	150	89	2	87	6	M
Chili Dog	390	23	9	1	0	200	129	3	126	8	M
Classic Dog	340	20	8	1	0	95	63	1	61	4	M
Hot Dog	330	19	8	1	0	95	63	1	61	4	M

Kids' Meals

Applesauce	45	0	0	0	0	95	91	1	87	4	M
Banana	110	0	0	0	0	140	115	2	110	6	M
Chicken Strips - 2 pc	280	13	2.5	0	0	190	154	2	147	8	M
Fries, Kids'	170	8	1	0	0	90	79	2	74	4	M
Hamburger	340	13	6	1	0	135	109	2	102	6	M
Hot Dog	330	19	8	1	0	180	138	3	130	8	M
Milk	110	2.5	1.5	0	0	230	188	4	176	11	M

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Nutrition Facts

	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)	Allergens
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Sundaes

Caramel Sundae - Small	300	8	5	0	170	1820	54	2	15	46	EMISS\SIW
Caramel Sundae - Medium	430	11	7	0.5	240	2180	55	3	15	62	EMISS\SIW
Caramel Sundae - Large	600	16	10	1	165	1800	40	2	9	45	EMISS\SIW
Chocolate Sundae - Small	270	7	4.5	0	235	2170	41	3	9	60	EMISS\SIW
Chocolate Sundae - Medium	400	10	6	0	145	1430	40	2	9	37	EMISS\SIW
Chocolate Sundae - Large	560	14	9	0.5	210	1800	41	3	9	52	EMISS\SIW
Hot Fudge Sundae - Small	300	10	8	0	160	1340	38	2	7	42	EMISS\SIW
Hot Fudge Sundae - Medium	430	15	11	0.5	230	1700	39	3	7	57	EMISS\SIW
Hot Fudge Sundae - Large	610	21	16	1	55	830	36	2	7	19	SSIW
Strawberry Sundae - Small	240	7	4.5	0	110	950	37	2	7	32	SSIW
Strawberry Sundae - Medium	340	10	6	0	165	1070	37	2	7	45	SSIW
Strawberry Sundae - Large	490	14	9	0.5	70	1080	37	2	8	21	MISS\SIW

Cones

Chocolate Cone - Kids'	160	5	3	0	205	1820	40	2	9	52	MISS\SIW
Chocolate Cone - Small	240	7	4.5	0							
Chocolate Cone - Medium	340	10	6	0	60	2120	111	6	3	35	MISS\SIW
Chocolate Cone - Large	480	15	9	0.5	85	2750	139	8	5	48	MISS\SIW
Dipped Cone, Chocolate - Kids'	200	9	7	0	45	950	41	2	2	19	SIW
Dipped Cone, Chocolate - Small	310	15	12	0	60	1030	35	4	5	24	MISW
Dipped Cone, Chocolate - Medium	460	22	17	0	40	990	62	3	6	18	EISS\SIW
Dipped Cone, Chocolate - Large	640	30	23	0.5	60	2640	142	7	32	35	MISS\SIW
Vanilla Cone - Kids'	160	4.5	3	0	85	3570	186	9	48	49	MISS\SIW
Vanilla Cone - Small	220	7	4.5	0	0	10	4	1	3	1	
Vanilla Cone - Medium	320	10	6	0	0	10	4	1	3	1	
Vanilla Cone - Large	450	14	9	0.5	40	1060	63	3	8	18	EISS\SIW

Premium Fruit Smoothies

Berry Peachy Premium Fruit Smoothie - Small	230	0	0	0	50	990	27	1	3	16	MISS\W
Berry Peachy Premium Fruit Smoothie - Medium	310	0	0	0	55	1070	28	1	4	18	MISS\SIW
Berry Peachy Premium Fruit Smoothie - Large	380	0	0	0	110	2140	56	2	7	36	MISS\SIW
Berry Peachy Premium Fruit Smoothie - Extra Large	550	0	0	0	45	1050	28	1	4	16	SS\SIW
Blueberry Mango Twist Premium Fruit Smoothie - Small	270	0	0	0	35	970	28	1	5	13	SSIW
Blueberry Mango Twist Premium Fruit Smoothie - Medium	380	0	0	0	35	820	25	1	3	12	SSIW
Blueberry Mango Twist Premium Fruit Smoothie - Large	490	0	0	0	0	0	11	2	7	0	
Blueberry Mango Twist Premium Fruit Smoothie - Extra Large	660	0	0	0	0	0	27	3	14	1	
Coconana Berry Smoothie - Small	340	0	0	0	30	640	28	1	1	13	SIW
Coconana Berry Smoothie - Medium	460	0	0	0	0	370	23	2	0	3	
Coconana Berry Smoothie - Large	590	0	0	0	10	130	12	0	12	8	M
Coconana Berry Smoothie - XLarge	800	0	0	0							

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Snacks and Sides											
Cheese Curds - Regular	500	34	19	0	65	330	115	0	93	17	MS
Cheese Curds - Large	1000	67	38	0.5	85	450	154	0	124	22	MS
Doritos® Nacho Cheese Tortilla Chips	240	14	2	0	45	220	77	1	67	13	MS
Fries, Large	450	21	3	0	60	290	110	1	96	16	MS
Fries, Regular	280	13	2	0	75	390	147	2	128	21	MS
Lay's® BBQ Potato Chips	230	15	2	0	45	240	75	0	61	13	MS
Lay's® Potato Chips - Original	240	16	2	0	60	330	105	1	85	17	MS
Onion Rings, Large	450	20	3	0	75	440	140	1	112	23	MS
Onion Rings, Regular	290	13	2	0	0	50	12	0	8	1	MW
Oven Baked Lay's® Original Potato Crisps	130	2	0	0	5	80	18	1	12	1	MW
Popcorn Shrimp Basket	700	31	7	0	5	105	23	1	16	2	MW
Soft Pretzel Sticks with Zesty Queso	330	9	3	0	45	200	68	0	59	13	MS
Wild Alaskan Fish Sandwich	420	16	2.5	0	60	260	92	1	80	16	MS
Dressing, Sauces, and Dips											
BBQ Dipping Sauce Cup	90	0	0	0	50	200	73	0	65	13	MS
Bleu Cheese Dipping Cup	260	27	5	0	60	260	97	0	85	16	MS
Country Gravy Dipping Sauce	70	4.5	1.5	0	80	340	127	0	112	22	MS
Honey Mustard Dipping Sauce Cup	240	20	3	0							
House Made Hidden Valley Ranch Dipping Sauce Cup	220	22	4	0	30	190	81	0	69	8	MS
Kraft Fat Free Italian Dressing	25	0	0	0	40	240	103	0	87	10	MS
Kraft Honey Mustard Dressing	130	9	1.5	0	50	320	135	0	113	13	MS
Marzetti Light Italian Dressing	15	1	0	0	30	180	76	1	67	9	MS
Wild Buffalo Dipping Sauce Cup	90	10	1	0	40	240	94	2	82	11	MS
Zesty Queso Dipping Sauce	70	5	2	0	50	310	121	2	106	14	MS
Blizzard® Treats											
Butterfinger® Blizzard - Mini	350	12	7	0	30	150	74	0	67	7	MS
Butterfinger® Blizzard - Small	590	21	12	0.5	45	240	121	0	109	12	MS
Butterfinger® Blizzard - Medium	800	28	17	1							
Butterfinger® Blizzard - Large	1060	37	22	1	30	130	62	0	55	8	M
Choco Brownie Extreme Blizzard - Mini	420	18	10	0	40	160	77	0	68	10	M
Choco Brownie Extreme Blizzard - Small	740	33	18	1	50	210	102	0	90	12	M
Choco Brownie Extreme Blizzard - Medium	980	43	25	1	0	35	50	0	50	0	
Choco Brownie Extreme Blizzard - Large	1330	60	33	1.5	0	55	86	0	85	0	
Chocolate Chip Cookie Dough Blizzard - Mini	410	16	9	0							
Chocolate Chip Cookie Dough Blizzard - Small	710	27	16	0.5	30	150	94	4	74	9	MS
Chocolate Chip Cookie Dough Blizzard - Medium	1030	40	24	1	55	330	122	2	96	10	E\MS\W
Chocolate Chip Cookie Dough Blizzard - Large	1370	54	33	1.5	65	390	117	2	90	11	E\MS\T\W\(\P)
Heath® Blizzard - Mini	360	14	9	0	35	340	95	3	68	17	M\P\S
Heath® Blizzard - Small	640	26	16	1	0	0	6	0	3	0	S

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Nutrition Facts

	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)	Allergens
Shakes											
Caramel Shake - Medium	750	25	17	1.5	85	990	26	0	1	24	E\M\SW
Caramel Shake - Large	980	31	21	1.5	165	1960	52	0	3	49	E\M\SW
Chocolate Shake - Small	530	19	14	1	0	360	28	2	0	3	M
Chocolate Shake - Medium	710	23	16	1	0	950	59	4	0	8	
Chocolate Shake - Large	920	28	19	1.5	0	590	36	3	0	5	
Hot Fudge Shake - Small	550	22	17	1	0	230	23	2	3	3	
Hot Fudge Shake - Medium	750	30	23	1.5	0	250	23	2	1	3	
Hot Fudge Shake - Large	990	38	29	1.5	0	1050	60	3	4	7	M\W
Make It A Malt Adds - Small	60	0.5	0	0	0	680	39	2	3	5	M\W
Make It A Malt Adds - Medium	80	1	0.5	0	0	150	26	2	2	2	S
Make It A Malt Adds - Large	110	1	1	0	105	2710	88	7	14	18	F\SF\SW
Strawberry Shake - Small	490	19	14	1	5	2170	49	1	7	9	M\W
Strawberry Shake - Medium	630	23	16	1	30	910	53	1	7	16	E\F\SS\W
Strawberry Shake - Large	800	27	19	1.5							
Vanilla Shake - Small	520	19	14	1	0	430	21	1	16	1	
Vanilla Shake - Medium	660	23	16	1	20	290	2	0	1	2	E\M
Vanilla Shake - Large	860	29	20	1.5	0	360	6	0	1	0	M\SW
MooLatté® Frozen Beverages											
					15	450	15	0	14	1	E
Caramel MooLatte - Small	490	15	11	1	20	370	3	0	2	1	E\M\S
Caramel MooLatte - Medium	620	18	13	1	0	380	4	0	3	0	M
Caramel MooLatte - Large	780	21	15	1	10	330	12	0	0	0	E
Mocha MooLatte - Small	500	18	12	1	0	730	2	0	2	0	
Mocha MooLatte - Medium	620	23	14	1	0	1000	1	0	0	0	
Mocha MooLatte - Large	780	29	16	1	5	360	3	0	0	2	M
Vanilla MooLatte - Small	450	14	11	1							
Vanilla MooLatte - Medium	560	17	12	1							
Vanilla MooLatte - Large	700	19	14	1	30	150	52	1	41	9	M\P\S\(\E)\(T)\(W)
					50	270	87	1	68	15	M\P\S\(\E)\(T)\(W)
					65	360	118	2	91	20	M\P\S\(\E)\(T)\(W)
Misty® Slush											
Misty® Freeze - Small	360	10	6	0	85	480	155	2	119	27	M\P\S\(\E)\(T)\(W)
Misty® Freeze - Medium	450	12	8	0.5	30	190	58	2	46	9	E\M\SW
Misty® Freeze - Large	590	15	10	1	50	340	103	4	81	15	E\M\SW
Misty® Slush - Small	200	0	0	0	70	460	137	5	106	20	E\M\SW
Misty® Slush - Medium	260	0	0	0	85	620	184	7	142	26	E\M\SW
Misty® Slush - Large	340	0	0	0	30	210	60	1	46	8	M\SW
Curl on Top Treats											
Banana Split	520	14	9	0.5	45	380	104	1	78	13	M\SW
Brownie and OREO® Cupfection	720	23	9	0.5	60	550	151	2	113	18	M\SW
Heath Caramel Brownie Cupfection	760	29	14	0.5	80	740	201	3	151	23	M\SW
Peanut Buster Parfait	710	31	18	0.5	30	170	52	0	45	8	M\S\T\(\E)\(P)\(W)
Sundaes											
Add DQ Sprinkles	35	1.5	1	0	55	310	91	1	79	13	M\S\T\(\E)\(P)\(W)

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Nutrition Facts

Blizzard® Treats

	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)	Allergens
Heath® Blizzard - Medium	880	37	24	1	70	430	124	1	110	17	M\I\T(E)\(P)\(W)
Heath® Blizzard - Large	1190	49	32	1.5	90	590	168	2	148	23	M\I\T(E)\(P)\(W)
M&M's® Chocolate Candy Blizzard - Mini	370	12	8	0	30	125	58	1	50	8	M\I\S(E)\(P)\(T)\(W)
M&M's® Chocolate Candy Blizzard - Small	660	21	13	0.5	50	220	103	1	89	14	M\I\S(E)\(P)\(T)\(W)
M&M's® Chocolate Candy Blizzard - Medium	880	29	18	1	65	290	135	2	117	18	M\I\S(E)\(P)\(T)\(W)
M&M's® Chocolate Candy Blizzard - Large	1160	38	24	1	85	380	183	3	159	23	M\I\S(E)\(P)\(T)\(W)
Mint OREO® Blizzard - Mini	360	12	7	0	30	160	56	0	45	8	M\I\S\W
Mint OREO® Blizzard - Small	640	22	12	1	50	290	99	1	80	13	M\I\S\W
Mint OREO® Blizzard - Medium	880	30	16	1	65	400	137	1	109	17	M\I\S\W
Mint OREO® Blizzard - Large	1140	39	20	1.5	80	510	177	1	141	22	M\I\S\W
OREO® Cookie Blizzard - Mini	340	12	7	0	30	160	51	0	40	8	M\I\S\W
OREO® Cookie Blizzard - Small	600	22	12	1	50	280	89	1	70	13	M\I\S\W
OREO® Cookie Blizzard - Medium	820	30	16	1	65	390	121	1	94	17	M\I\S\W
OREO® Cookie Blizzard - Large	1050	39	20	1.5	80	500	156	1	121	22	M\I\S\W
Reese's® Peanut Butter Cups Blizzard - Mini	360	14	7	0	30	170	50	1	43	9	M\P\I\S(E)\(T)\(W)
Reese's® Peanut Butter Cups Blizzard - Small	610	24	13	1	50	300	84	1	72	16	M\P\I\S(E)\(T)\(W)
Reese's® Peanut Butter Cups Blizzard - Medium	820	34	17	1	65	410	113	2	97	21	M\P\I\S(E)\(T)\(W)
Reese's® Peanut Butter Cups Blizzard - Large	1080	45	23	1.5	85	550	148	3	128	28	M\P\I\S(E)\(T)\(W)
Royal New York Cheesecake Blizzard Filled with Strawberry - Mini	450	18	8	0.5	40	220	65	1	53	8	E\I\M\I\S\W(P)\(T)
Royal New York Cheesecake Blizzard Filled with Strawberry - Small	750	32	15	1	75	380	102	2	82	14	E\I\M\I\S\W(P)\(T)
Royal New York Cheesecake Blizzard Filled with Strawberry - Medium	1040	46	21	1.5	105	530	140	2	112	19	E\I\M\I\S\W(P)\(T)
Royal New York Cheesecake Blizzard Filled with Strawberry - Large	1350	61	28	2	135	700	177	3	141	25	E\I\M\I\S\W(P)\(T)
Royal Reese's Fluffernutter Blizzard - Mini	450	17	7	0	30	220	67	1	56	9	M\P\I\S(E)\(T)\(W)
Royal Reese's Fluffernutter Blizzard - Small	750	31	13	0.5	50	390	104	2	87	17	M\P\I\S(E)\(T)\(W)
Royal Reese's Fluffernutter Blizzard - Medium	1100	48	19	1	65	600	147	3	121	24	M\P\I\S(E)\(T)\(W)
Royal Reese's Fluffernutter Blizzard - Large	1420	66	25	1	80	810	182	5	149	31	M\P\I\S(E)\(T)\(W)
Snickers® Blizzard - Mini	350	12	7	0	30	150	53	0	45	8	E\I\M\P\I\S(T)
Snickers® Blizzard - Small	610	20	11	0.5	50	260	93	1	79	14	E\I\M\P\I\S(T)
Snickers® Blizzard - Medium	800	28	15	1	65	340	121	1	102	19	E\I\M\P\I\S(T)
Snickers® Blizzard - Large	1070	36	20	1	80	460	164	2	139	24	E\I\M\P\I\S(T)
Turtle Pecan Cluster Blizzard - Mini	430	22	14	0	30	160	51	1	42	8	M\I\S\T
Turtle Pecan Cluster Blizzard - Small	680	34	18	0.5	50	270	84	2	68	14	M\I\S\T
Turtle Pecan Cluster Blizzard - Medium	1020	52	29	1	65	390	123	3	99	18	M\I\S\T
Turtle Pecan Cluster Blizzard - Large	1370	71	41	1.5	85	510	165	4	132	24	M\I\S\T

Shakes

Caramel Shake - Small	550	20	14	1	50	240	79	0	65	13	M\I\S
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