

Important Statement:

Nutrition information is based on analysis by R-TECH and Commercial Testing Laboratory, Inc., and representative values from manufacturers, Genesis R&D® SQL and Health Canada. The information in this brochure assumes compliance by restaurants with ingredient requirements and standardized preparation procedures. Seasonal and manufacturer variations may also affect nutrition information.

This brochure does not apply to: (1) limited time offers or test items; (2) some location-specific menu items; (3) MooLatte® drinks and Julius® Originals in a small number of mall locations that do not carry Misty® Slush, which have up to 190 more calories per beverage.

If you have questions about a menu item, please contact the restaurant operator or manager.

Allergen Statement:

DQ® locations contain allergens that may come into contact with your food. Since allergens are present in every DQ location and cross-contact can easily occur, we cannot guarantee any item to be allergen free or the accuracy of the data as it relates to prepared menu items at a location. We suggest you inform the restaurant of any allergies prior to ordering and ask to see the ingredient listing on the packaging for the product you would like to purchase.

Fish/Shellfish: DQ locations use the same equipment (including fryers) to prepare fish/shellfish as is used for non-fish/shellfish items like French Fries. While the frying process typically denatures the allergenic protein, it is possible for the fish/shellfish allergenic protein to remain in the frying oil or on equipment surfaces and contact other DQ products.

Soybean Oil: Our frying oil is a vegetable oil blend with soybean oil. While soybean oil is not recognized as an allergen, consult your doctor as to whether you should avoid soybean oil.

Gluten Sensitive: Gluten is in many DQ products and cross-contact may easily occur during product preparation.

For more detailed information on food ingredients, we suggest you visit the Canadian Food Inspection Agency website at www.inspection.gc.ca. For more detailed information about food allergies, we suggest you visit the Food Allergy and Anaphylaxis Network website at www.foodallergy.org.

Products and menus may vary by location.

Not all products listed in this brochure are available in all locations.

If you have questions or need additional information, write to:

Consumer Relations
8000 Tower, Suite 700
8331 Norman Center Drive
Bloomington, MN 55437

Nutrition & Allergens

Canada Foods & Treats

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DQ25Q2072MC



Nutrition and allergy information is current as of
April 2025. For the most current nutrition
information, visit www.dq.com

DQ® treats and food st ingredients and end w

Since 1940, our fans have come to expect the best f
It's still that way today from our classic treats to the

Entrées:

Our food is just as delicious as our treats and features one-of-a-kind premium options, such as our Chicken Strip Baskets made with 100% white meat seasoned chicken strips and served with fries and your choice of dipping sauce. In the mood for a great burger? Try one of our Signature Stackburgers™ offered as 1/3lb* Doubles and 1/2 lb* Triples, like the Bacon Cheese Deluxe Signature Stackburger made with 100% seasoned real beef burger patties, topped with two types of perfectly melted cheese**, Applewood smoked bacon, tomato, onion, lettuce, pickles, ketchup and mayo on a soft and toasted bun.

Snack Menu

Looking for a snack? Try our warm, Soft Pretzel Sticks with Zesty Queso, perfectly portioned for snacking.



Start with high-quality with a smile.

from their neighbourhood Dairy Queen® store.
new favourites you've yet to discover.

Signature Soft Serve:

Simply creamy, wholesome, and delicious. More than 75 years after the first "cone with the curl on top" made its debut at Sherb Noble's ice cream shop, DQ® soft serve remains the same treat you remember from your childhood. Our high standard is to serve it at -8°C for the perfect flavour and texture. You can taste the difference in every Cone, *Blizzard*® Treat, Shake and Sundae. What else would you expect from the people who invented Canada's delicious soft serve?



* Precooked weight. **Processed cheese product.

Nutrition Facts

	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fibre (g)	Sugars (g)	Protein (g)	Allergens
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Limited Time Offers

Confetti Cake Blizzard - Mini	370	17	8	0	0	70	117	1	114	1	E\M						
Confetti Cake Blizzard - Small	670	31	15	0.1	0	35	50	0	48	1	E\M						
Confetti Cake Blizzard - Medium	910	43	20	0.1	0	45	65	0	62	2	E\M						
Confetti Cake Blizzard - Large	1200	57	27	0.2	0	70	99	0	96	2	E\M						
Cotton Candy Blizzard - Mini	390	16	10	0	0	40	57	1	55	0.4	E\M						
Cotton Candy Blizzard - Small	600	23	15	0	0	50	75	1	73	1	E\M						
Cotton Candy Blizzard - Medium	860	35	22	0.1	0	75	113	1	110	1	E\M						
Cotton Candy Blizzard - Large	1140	48	30	0.1													
Crunchin' Cookie Dipped Cone - Kids	230	9	7	0													
Crunchin' Cookie Dipped Cone - Small	340	15	12	0													
Crunchin' Cookie Dipped Cone - Medium	490	22	17	0													
Crunchin' Cookie Dipped Cone - Large	680	31	24	0													
Dipped Strawberry Cheesecake Blizzard - Mini	370	14	9	0.1													
Dipped Strawberry Cheesecake Blizzard - Small	640	25	17	0.2													
Dipped Strawberry Cheesecake Blizzard - Medium	850	34	22	0.4	0	7	1	4	0	0	4	0	0	6	0	0	
Dipped Strawberry Cheesecake Blizzard - Large	1150	46	30	0.5	0	10	1	5	0	0	6	0	0	8	0	0	
Loaded Bacon Signature Stackburger - Double	760	48	19	1.5	0	17	2	9	1	0	8	0	0	10	0	0	
Loaded Bacon Signature Stackburger - Triple	970	63	26	2													
Mixing Bowl Mashup Blizzard - Mini	510	22	9	0.2													
Mixing Bowl Mashup Blizzard - Small	910	40	16	0.3													
Mixing Bowl Mashup Blizzard - Medium	1280	57	22	0.5													
Mixing Bowl Mashup Blizzard - Large	1690	75	29	0.5													
Orange Cream Shake - Small	640	28	14	0.2													
Orange Cream Shake - Medium	860	37	18	0.2													
Orange Cream Shake - Large	1130	48	22	0.2													
S'mores Blizzard - Mini	420	18	9	0.1													
S'mores Blizzard - Small	780	34	17	0.2													
S'mores Blizzard - Medium	1050	48	23	0.3													
S'mores Blizzard - Large	1410	64	30	0.3													
Superman Cake Batter Cookie Dough Blizzard - Mini	370	13	8	0													
Superman Cake Batter Cookie Dough Blizzard - Small	640	22	13	0													
Superman Cake Batter Cookie Dough Blizzard - Medium	880	30	19	0													
Superman Cake Batter Cookie Dough Blizzard - Large	1130	39	24	0													

Signature Stackburgers

Backyard Bacon Ranch Burger - Double	780	47	17	1
Backyard Bacon Ranch Burger - Triple	980	61	23	1.5
Bacon Cheese Deluxe Burger - Double	720	43	17	1.5
Bacon Cheese Deluxe Burger - Triple	920	58	24	2

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	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fibre (g)	Sugars (g)	Protein (g)	Allergens
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Julius® Originals

Mango Pineapple Julius - Large	470	0.3	0	0	40	210	53	0	43	9	E\MS\W
Orange Julius - Small	200	0.1	0	0	70	360	93	0	75	14	E\MS\W
Orange Julius - Medium	260	0.1	0	0	95	490	127	0	101	19	E\MS\W
Orange Julius - Large	400	0.2	0	0	125	640	167	0	133	25	E\MS\W
Strawberry Julius - Small	230	0.2	0	0	35	180	57	0	50	8	MS
Strawberry Julius - Medium	300	0.2	0	0	60	320	94	0	82	14	MS
Strawberry Julius - Large	450	0.3	0	0	75	420	131	0	116	19	MS

Supplemental Facts

	Serving Size (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)
						20
						25
						35
						55
						45

						80	360	88	1	73	15	E\MS\W(P)\(T)
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Add A Banana - Small	30	25	0	0	0	0	110	470	118	2	97	19	E\MS\W(P)\(T)
Add A Banana - Medium	44	40	0	0	0	0	145	630	159	2	130	26	E\MS\W(P)\(T)
Add A Banana - Large	59	50	0	0	0	0	140	1530	34	1	5	48	E\MS\W\Md(SS)

							190	1880	35	1	6	65	E\MS\W\Md(SS)
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							35	340	69	1	50	9	MS\W
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							55	620	122	3	87	16	MS\W
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							70	880	173	4	122	21	MS\W
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							90	1170	228	6	160	28	MS\W
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							50	250	84	0	74	13	MS
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							65	340	115	0	101	17	MS
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							85	440	152	0	134	22	MS
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							30	270	61	1	47	9	MS\W(P)
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							55	500	112	1	86	15	MS\W(P)
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							70	680	147	2	112	20	MS\W(P)
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							90	890	201	3	154	26	MS\W(P)
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							35	240	56	0	43	8	MS\W
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							55	420	96	0	71	14	MS\W
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							70	590	134	0	99	18	MS\W
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							90	750	172	1	126	23	MS\W
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							130	1560	46	2	13	46	E\MS\W\Md(SS)
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							180	1860	47	2	13	62	E\MS\W\Md(SS)
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							130	1530	35	1	6	46	E\MS\W\Md(SS)
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							180	1870	36	1	6	62	E\MS\W\Md(SS)
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Signature Stackburgers											
FlameThrower Burger - Double	740	48	18	1.5	60	360	105	0	83	14	M
FlameThrower Burger - Triple	940	63	25	2	25	140	40	0	34	6	M
Hamburger - Double	490	25	10	1	35	200	58	0	49	9	M
Hamburger - Triple	650	36	15	1.5	55	290	82	0	69	13	M
Mushroom Cheeseburger - Double	610	36	14	1.5	25	160	49	1	42	7	M
Mushroom Cheeseburger - Triple	800	50	21	2	35	230	72	1	61	10	M
Original Cheeseburger - Single	370	17	8	0.5	55	320	100	1	86	14	M
Original Cheeseburger - Double	570	32	14	1	25	180	47	0	36	7	M/S
Original Cheeseburger - Triple	780	47	22	2	40	260	68	1	53	10	M/S
Chicken & Salads											
Chicken Strip Basket - 4 piece	700	32	2.5	0.2	25	130	39	0	33	6	M
Chicken Strip Basket - 6 piece	910	42	3.5	0.3	35	190	56	1	48	9	M
Chicken Strips - 3 piece	320	15	1.5	0.1	55	270	80	1	68	13	M
Crispy Chicken Strips Salad Bowl	360	19	5	0.2	25	140	38	0	32	7	M
Grilled Chicken Salad Bowl	260	11	4	0.1	35	200	54	0	45	9	M
Original Crispy Chicken Sandwich	510	26	3.5	0.4	55	280	78	0	65	13	M
Original Grilled Chicken Sandwich	390	17	2.5	0.3							
Sauced & Tossed Honey BBQ Chicken Strip Basket - 4 pc	810	32	2.5	0.2	20	105	31	0	20	5	M/S/W
Sauced & Tossed Honey BBQ Chicken Strip Basket - 6 pc	1070	42	3.5	0.3	35	210	62	1	44	10	M/S/W
Spicy Crispy Chicken Sandwich	500	25	3	0.2	55	300	86	1	62	14	M/S/W
Spicy Grilled Chicken Sandwich	370	15	2	0.1	20	100	28	0	18	5	M/S/W
Hot Dogs											
Bacon Cheese Dog (5:1)	420	20	9	1	35	200	54	0	37	10	M/S/W
Cheese Dog (5:1)	390	18	8	1	55	280	76	0	53	14	M/S/W
Chili Cheese Dog (5:1)	410	18	8	1							
Relish Dog (5:1)	360	14	5	0.5	5	70	62	1	49	3	M
Kids' Meals											
Apple Sauce	50	0	0	0	10	135	102	1	77	5	M
Banana	110	0	0	0	15	170	143	1	112	7	M
Chicken Strips - 2 piece	210	10	1	0.1	5	75	64	2	49	3	M
Fries, Child's	250	10	0.5	0	10	110	86	2	64	4	M
Milk, 2% - Small	170	7	2.5	0.2	10	140	109	3	78	6	M
Vanilla Cone - Kids'	170	5	3.5	0	15	180	151	4	112	7	M
Snacks and Sides											
Fries, Large	460	19	1.5	0.1	10	110	76	2	58	4	M
Fries, Regular	280	11	1	0.1	10	140	95	2	71	5	M
Lay's® Potato Chips - Original	220	14	1.5	0	15	180	134	3	103	7	M
Onion Rings, Large	530	27	4	0							
Onion Rings, Regular	260	14	2	0	0	35	59	0	57	0.4	E/M
Poutine	450	21	4.5	0.1	0	45	78	1	76	1	E/M

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Sundaes											
Caramel Sundae - Large	600	17	11	0	135	1530	33	1	5	44	E\M\SI\W\Md(SS)
Cherry Sundae - Small	240	7	4.5	0	190	1930	34	1	5	61	E\M\SI\W\Md(SS)
Cherry Sundae - Medium	340	10	7	0	85	800	32	1	5	34	W\Md(SS)
Cherry Sundae - Large	480	15	10	0	130	930	32	1	5	48	W\Md(SS)
Chocolate Sundae - Small	270	8	5	0	110	940	32	1	4	39	E\M\SI\W\Md(SS)
Chocolate Sundae - Medium	390	11	7	0	160	1250	33	1	4	55	E\M\SI\W\Md(SS)
Chocolate Sundae - Large	550	15	10	0	50	890	33	1	5	22	M\SI\W\Md(SS)
Hot Fudge Sundae - Small	290	11	8	0	105	1230	33	1	5	39	M\SI\W\Md(SS)
Hot Fudge Sundae - Medium	430	16	12	0	155	1580	34	1	5	55	M\SI\W\Md(SS)
Hot Fudge Sundae - Large	600	22	16	0							
Pineapple Sundae - Small	230	7	4.5	0	65	2200	75	6	0	32	SIW
Pineapple Sundae - Medium	330	10	7	0	100	2920	91	7	0	46	SIW
Pineapple Sundae - Large	470	15	10	0	50	1080	24	1	0	22	SIW
Strawberry Sundae - Small	230	7	4.5	0	65	1150	24	3	5	26	M\SIW
Strawberry Sundae - Medium	320	11	7	0	100	940	9	2	5	32	M
Strawberry Sundae - Large	460	15	10	0	50	1180	45	3	4	23	E\SI\W\Md(SS)
					75	800	31	2	4	25	E\SI\W\Md(SS)
Cones											
Dipped Cone, Chocolate - Kids'	210	9	7	0	65	2570	100	6	24	32	SIW\Md
Dipped Cone, Chocolate - Small	320	16	12	0							
Dipped Cone, Chocolate - Medium	460	23	18	0	100	3460	128	7	35	47	SIW\Md
Dipped Cone, Chocolate - Large	640	31	24	0	55	1310	46	3	4	23	E\SI\W\Md(SS)
Vanilla Cone - Kids'	170	5	3.5	0	80	930	32	2	4	25	E\SI\W\Md(SS)
Vanilla Cone - Small	230	7	5	0							
Vanilla Cone - Medium	320	10	7	0	65	1400	37	1	5	23	M\SI\W\Md(SS)
Vanilla Cone - Large	460	15	10	0	55	1240	37	1	5	20	M\SI\W\Md(SS)
					60	1260	38	1	5	21	M\SIW(SS)
Premium Fruit Smoothies											
Mango Pineapple Smoothie - Small	260	0.3	0.2	0	45	1290	42	1	9	17	M\SI\W\Md(SS)
Mango Pineapple Smoothie - Medium	350	0.5	0.4	0							
Mango Pineapple Smoothie - Large	440	0.5	0.5	0	0	0	13	1	11	0	
Mango Pineapple Smoothie - XLarge	610	1	0.5	0	0	0	27	3	14	1	
Strawberry Banana Smoothie - Small	270	0.4	0.2	0	35	720	16	1	0	14	SIW
Strawberry Banana Smoothie - Medium	370	0.5	0.4	0	0	670	38	4	0	3	
Strawberry Banana Smoothie - Large	460	1	0.5	0	25	160	16	0	16	11	M
Strawberry Banana Smoothie -XLarge	640	1	0.5	0	20	100	28	0	18	5	M\SIW
Strawberry Smoothie - Small	240	0.3	0.2	0							
Strawberry Smoothie - Medium	330	0.5	0.3	0	0	1250	70	7	1	5	
Strawberry Smoothie - Large	410	0.5	0.4	0	0	770	43	4	0	3	
Strawberry Smoothie - XLarge	570	1	0.5	0	0	270	21	1	0	2	
Julius® Originals											
Mango Pineapple Julius - Small	240	0.1	0	0	0	730	32	2	3	4	SIW
Mango Pineapple Julius - Medium	320	0.2	0	0	20	1530	59	5	1	9	M\SI\W\Sp

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Snacks and Sides

Ranch Crispy Chicken Wrap	330	17	3.5	0.2	85	470	127	1	107	23	M
Ranch Grilled Chicken Wrap	260	13	3	0.2	55	300	82	1	69	14	M
Soft Pretzel Sticks with Zesty Queso	360	10	3.5	0	70	400	115	1	98	18	M
Spicy Crispy Chicken Wrap	310	16	3.5	0.3	85	520	153	2	131	24	M
Spicy Grilled Chicken Wrap	260	12	3.5	0.2	55	320	79	0	63	15	MS

Dressing, Sauces, and Dips

Balsamic Vinaigrette	120	10	1	0	90	580	147	1	114	25	MS
BBQ Dipping Sauce, 4 pc	40	0.3	0	0	55	280	70	0	58	14	M
BBQ Dipping Sauce, 6 pc	80	0.5	0.1	0	70	360	93	0	77	18	M
Brown Gravy	40	1	0.2	0	85	460	119	1	99	23	M
Buffalo Dipping Sauce, 4 pc	60	2.5	0.4	0	55	290	78	0	67	14	M
Buffalo Dipping Sauce, 6 pc	120	4.5	1	0	70	370	102	0	88	18	M
Creamy Caesar	140	14	2.5	0.2	95	480	134	0	115	24	M
FlameThrower Dipping Sauce, 4 pc	210	22	3.5	0.2	70	440	111	1	87	19	MS
FlameThrower Dipping Sauce, 6 pc	420	44	7	0.4	40	220	70	0	60	9	M
Honey Mustard Dipping Sauce, 4 pc	60	0.1	0	0	50	290	89	0	77	12	M
Honey Mustard Dipping Sauce, 6 pc	110	0.3	0	0	65	370	114	0	98	15	M
Honey Mustard Dressing Packet	220	16	2.5	0.3	40	250	87	0	72	9	M
Ranch Dipping Sauce, 4 pc	150	18	1.5	0	50	320	107	0	89	11	M
Ranch Dipping Sauce, 6 pc	290	35	3	0	60	420	140	0	116	14	M
Ranch Dressing	140	16	1.5	0	40	250	79	1	68	10	MS
Sweet & Sour Dipping Sauce, 4 pc	45	0.3	0	0	45	320	99	2	84	12	MS
Sweet & Sour Dipping Sauce, 6 pc	90	0.5	0.1	0	60	420	126	2	108	15	MS
Zesty Queso Dipping Sauce, 4 pc	70	5	2	0	35	210	76	0	67	8	M
Zesty Queso Dipping Sauce, 6 pc	130	11	4	0.1	45	260	96	0	84	11	M

Blizzard® Treats

Choco Brownie Extreme Blizzard - Mini	410	18	10	0	55	330	123	0	109	13	M
Choco Brownie Extreme Blizzard - Small	730	33	18	0.1	35	200	64	0	56	9	M
Choco Brownie Extreme Blizzard - Medium	970	44	25	0.1	45	250	79	0	69	11	M
Choco Brownie Extreme Blizzard - Large	1320	61	33	0.2	60	320	105	0	92	14	M
Chocolate Chip Cookie Dough Blizzard - Mini	410	16	10	0	0	35	50	0	50	0	
Chocolate Chip Cookie Dough Blizzard - Small	700	29	17	0.1	0	55	86	0	85	0	
Chocolate Chip Cookie Dough Blizzard - Medium	1020	42	26	0.1							
Chocolate Chip Cookie Dough Blizzard - Large	1360	56	35	0.2	35	210	96	4	73	11	M
Mint OREO® Blizzard - Mini	400	13	7	0	60	400	123	2	96	12	E\MS\W
Mint OREO® Blizzard - Small	710	22	12	0.1	40	400	97	3	70	17	MP\S
Mint OREO® Blizzard - Medium	980	31	16	0.1	75	440	119	2	91	12	E\MS\T\W
Mint OREO® Blizzard - Large	1270	40	20	0.1							
OREO® Cookie Blizzard - Mini	350	12	7	0	30	180	51	0	41	7	M
					40	260	75	0	59	10	M

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Nutrition Facts

	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fibre (g)	Sugars (g)	Protein (g)	Allergens
Shakes											
Cherry Shake - Large	810	29	19	0	30	820	29	1	2	12	E M S W (Sp)
Chocolate Shake - Small	530	20	14	0	45	720	22	1	2	15	E W (Sp)
Chocolate Shake - Medium	710	24	16	0	5	2200	54	1	7	10	M W (Sp)
Chocolate Shake - Large	910	29	19	0	30	810	29	1	1	12	E M S W Md (Sp)
Hot Fudge Shake - Small	550	23	17	0	45	710	22	1	1	15	E W M (Sp)
Hot Fudge Shake - Medium	750	31	23	0							
Hot Fudge Shake - Large	990	39	29	0	0	280	5	0	4	0	
Strawberry Shake - Small	490	20	14	0	0	0	10	0	8	0.3	W Md
Strawberry Shake - Medium	620	24	16	0	0	0	20	1	16	1	W Md
Strawberry Shake - Large	780	29	19	0	0	630	6	0	1	1	M S W Sp
Vanilla Shake - Small	520	20	14	0	0	480	10	0	8	0.3	S
Vanilla Shake - Medium	660	24	16	0	0	920	19	1	15	1	S
Vanilla Shake - Large	850	31	20	0.2	15	350	2	0	1	1	E F M S W
MooLatté® Frozen Beverages											
					25	430	3	0	1	0.5	E Md
Cappuccino MooLatte - Small	440	16	11	0	45	840	5	0	2	1	E Md
Cappuccino MooLatte - Medium	550	19	14	0	0	220	12	0	12	0.1	Md
Cappuccino MooLatte - Large	680	22	16	0	0	450	24	0	24	0.3	Md
Caramel MooLatte - Small	500	16	12	0	20	320	12	0	16	1	E Md
Caramel MooLatte - Medium	620	19	13	0	15	340	3	0	3	0.3	E M
Caramel MooLatte - Large	780	22	16	0	30	670	6	0	6	1	E M
Mocha MooLatte - Small	490	19	12	0	15	310	3	0	3	0	E M
Mocha MooLatte - Medium	620	24	14	0	0	110	10	0	9	0.1	
Mocha MooLatte - Large	780	30	17	0	0	220	20	0	18	0.1	
Vanilla MooLatte - Small	450	15	11	0	5	360	3	0	0	2	M
Vanilla MooLatte - Medium	550	17	13	0	15	710	6	0	0	3	M
Vanilla MooLatte - Large	690	20	14	0							
Misty® Slush											
					35	250	60	2	47	10	E M S W
Misty® Freeze - Small	360	10	7	0	60	440	107	3	83	17	E M S W
Misty® Freeze - Medium	450	13	8	0	80	590	142	5	110	22	E M S W
Misty® Freeze - Large	580	17	11	0	100	790	190	7	147	28	E M S W
Misty® Slush - Small	200	0.2	0	0	35	270	62	1	47	9	M S W
Misty® Slush - Medium	260	0.2	0	0	35	270	62	1	47	9	M S W
Misty® Slush - Large	340	0.3	0	0	55	470	106	1	80	14	M S W
Curl on Top Treats											
					70	680	154	2	115	20	M S W
Banana Split	520	14	10	0.1							
Brownie and OREO® Cupfection	750	23	9	0.1	90	900	205	2	153	26	M S W
Peanut Buster® Parfait	710	33	19	0	35	230	58	0	44	9	M S W
SKOR Caramel Brownie Cupfection	760	29	15	0.3	55	400	102	1	78	15	M S W
Sundaes											
					70	540	140	1	105	19	M S W
Caramel Sundae - Small	290	9	5	0	90	700	182	1	136	25	M S W
Caramel Sundae - Medium	420	12	8	0	35	210	50	0	39	9	M S W

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Nutrition Facts

Blizzard® Treats

	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fibre (g)	Sugars (g)	Protein (g)	Allergens
OREO® Cookie Blizzard - Small	670	22	12	0.1	55	390	92	1	70	15	MISW
OREO® Cookie Blizzard - Medium	920	31	16	0.1	70	530	125	1	93	19	MISW
OREO® Cookie Blizzard - Large	1190	40	20	0.1	90	690	161	1	120	25	MISW
Reese's Peanut Butter Cups Blizzard - Mini	350	15	8	0	35	240	52	1	44	10	MPI S
Reese's Peanut Butter Cups Blizzard - Small	600	26	14	0	60	400	86	1	73	17	MPI S
Reese's Peanut Butter Cups Blizzard - Medium	810	36	19	0.1	75	550	116	2	99	23	MPI S
Reese's Peanut Butter Cups Blizzard - Large	1070	47	24	0.1	100	720	153	3	130	30	MPI S
Royal OREO® Blizzard Filled with Fudge - Mini	520	18	11	0	35	300	72	1	56	10	MISW
Royal OREO® Blizzard Filled with Fudge - Small	860	29	17	0.1	55	490	117	1	88	16	MISW
Royal OREO® Blizzard Filled with Fudge - Medium	1210	41	23	0.1	70	680	162	2	122	22	MISW
Royal OREO® Blizzard Filled with Fudge - Large	1530	51	28	0.2	90	860	203	3	151	27	MISW
Royal Reese's Brownie Blizzard Filled with Peanut Butter - Mini	520	28	11	0	35	390	64	2	49	13	EIMPI S\W(T)
Royal Reese's Brownie Blizzard Filled with Peanut Butter - Small	840	42	18	0.1	60	610	109	4	85	21	EIMPI S\W(T)
Royal Reese's Brownie Blizzard Filled with Peanut Butter - Medium	1160	59	25	0.1	75	850	146	5	113	28	EIMPI S\W(T)
Royal Reese's Brownie Blizzard Filled with Peanut Butter - Large	1490	75	32	0.2	105	1090	194	7	152	36	EIMPI S\W(T)
SKOR Blizzard - Mini	370	16	10	0.2	45	230	54	0	47	9	MIS T
SKOR Blizzard - Small	590	26	17	0.3	70	360	85	1	74	13	MIS T
SKOR Blizzard - Medium	840	38	25	0.5	95	510	122	1	107	17	MIS T
SKOR Blizzard - Large	1130	51	34	0.5	125	670	162	2	143	23	MIS T
Smarties® Blizzard - Mini	360	12	8	0	35	180	59	1	52	9	MISW
Smarties® Blizzard - Small	630	21	13	0	60	320	105	1	91	15	MISW
Smarties® Blizzard - Medium	860	29	18	0	80	420	141	2	124	20	MISW
Smarties® Blizzard - Large	1130	37	23	0	100	540	189	3	166	26	MISW
Strawberry Cheesecake Blizzard - Mini	310	12	8	0.1	45	210	47	0	38	9	EIM S\W(P)\(T)
Strawberry Cheesecake Blizzard - Small	500	20	12	0.2	75	340	74	0	60	14	EIM S\W(P)\(T)
Strawberry Cheesecake Blizzard - Medium	650	26	16	0.4	100	440	97	1	78	17	EIM S\W(P)\(T)
Strawberry Cheesecake Blizzard - Large	870	35	21	0.5	135	580	130	1	105	23	EIM S\W(P)\(T)
Turtles® Blizzard - Mini	380	18	9	0	35	210	52	1	43	9	MIS T
Turtles® Blizzard - Small	680	33	17	0.1	60	370	91	1	74	16	MIS T
Turtles® Blizzard - Medium	950	46	23	0.1	80	500	127	2	102	21	MIS T
Turtles® Blizzard - Large	1260	60	30	0.2	105	660	169	3	136	27	MIS T

Shakes

Caramel Shake - Small	550	21	14	0	60	320	84	0	67	15	M
Caramel Shake - Medium	750	26	17	0	75	440	120	0	95	19	M
Caramel Shake - Large	980	32	21	0	95	580	160	0	127	24	M
Cherry Shake - Small	490	20	14	0	55	290	73	0	61	14	M
Cherry Shake - Medium	630	24	16	0	70	370	98	0	82	18	M

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